

**Calendar Highlights:**

**NH School Vacation Week; and, Bring a Friend Week: Feb.24-Mar.1**

We are Open during the School Vacation Week, and **Students are encouraged to invite friends & family to train with them!**

**New GC Class Schedule begins 3/1/25.**

Please note: The only change is to the Saturday AM classes, which will be starting 30 minutes later.

**Come Join Us for a FREE Trial Class in any of our other programs, including: IAIDO (Sword) or KOBUDO (Weapons) or COMPETITION/DEMO TEAM.**

Please see the calendar for class dates & times. Questions? Please email the office. Thank you.

**Monday, March 17—Happy St. Patrick's Day! Wear Green Day! Students may wish to celebrate by wearing Green to Class (Karate Uniforms optional).**



# Student Activity Calendar: March 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>Feb.23</b> <b>Reminder:</b> School Vacation Week, the Golden Crane is open! Invite Friends to train with you!	<b>Feb.24</b> ALL Classes are Open to ALL Rank Levels	<b>Feb.25</b> ALL Classes are Open to ALL Rank Levels	<b>Feb.26</b> Competition Team* Practice 4:00 pm	<b>Feb.27</b>	<b>Feb.28</b>	<b>1</b> Competition Team* Practice 11:45 am <b>New GC Class Schedule Begins March 1st!</b> ALL Classes are Open to ALL Rank Levels
<b>School Vacation Week - Golden Crane is Open Bring-a-Friend Week</b>						
<b>2</b> <b>THIS WEEK:</b> Focus on Forms (Kata)	<b>3</b> Sparring Regular Class Schedule	<b>4</b> <b>IAIDO—Free Trial Class today @ 6 PM!</b> Regular Class Schedule	<b>5</b> Competition Team* Practice 4:00 pm <b>Observation Class Kids @ 5 pm Adult &amp; Teen @ 6 pm</b> Regular Class Schedule	<b>6</b> <b>KOBUDO—Free Trial Class today @ 4:15 PM!</b> Regular Class Schedule	<b>7</b>	<b>8</b> Competition Team* Practice 11:45 am <b>Free Trial Class COMP.TEAM @ 11:45 am</b> <b>IAIDO Shinsa (NJ)</b> Regular Class Schedule
<b>9</b> Daylight Savings Time Begins! (Set Clocks Forward) <b>THIS WEEK:</b> Focus on Sparring & Body Movement <b>IAIDO Shinsa (NJ)</b>	<b>10</b> Sparring Regular Class Schedule	<b>11</b> Sparring Regular Class Schedule	<b>12</b> Competition Team* Practice 4:00 pm <b>Sparring</b> Regular Class Schedule	<b>13</b> Sparring Regular Class Schedule	<b>14</b>	<b>15</b> Competition Team* Practice 11:45 am <b>Sparring</b> Regular Class Schedule
<b>16</b> <b>THIS WEEK:</b> Focus on Self Defense Skills & Kata Application	<b>17</b> Happy St. Patrick's Day! <b>Wear Green Day! At the 5 pm &amp; 6 pm Classes.</b> Regular Class Schedule	<b>18</b> Regular Class Schedule	<b>19</b> Competition Team* Practice 4:00 pm Regular Class Schedule	<b>20</b> Sparring <b>First Day of Spring!</b> Regular Class Schedule	<b>21</b>	<b>22</b> Competition Team* Practice 11:45 am Battle of Maine Karate Tournament (Waterville, ME) Regular Class Schedule
<b>23</b> <b>THIS WEEK:</b> Focus on Curriculum Review	<b>24</b> Regular Class Schedule	<b>25</b> Sparring Regular Class Schedule	<b>26</b> Competition Team* Practice 4:00 pm <b>Sparring</b> Rank Test (Adult/Teen) Regular Class Schedule	<b>27</b> Regular Class Schedule	<b>28</b>	<b>29</b> Competition Team* Practice 11:45 am <b>Sparring</b> Regular Class Schedule
<b>30</b> <b>THIS WEEK:</b> Focus on Instructors Choice	<b>31</b> Regular Class Schedule	<b>Coming in March:</b> <ul style="list-style-type: none"> <li>Kids Night Out Event—Date TBD: (Movie, Pizza &amp; Games)</li> <li>March Activity Sheet</li> </ul>				

For additional details on activities, please refer to the reverse side of the monthly calendar; or visit our website, [www.goldencraneNH.com](http://www.goldencraneNH.com) and click on the 'Events' Page. [goldencrane04@gmail.com](mailto:goldencrane04@gmail.com) (603) 437-2020



# Student Activity Calendar: March 2025



## DISCOVER the Many Faces of Traditional Martial Arts!

**Come Join Us for a FREE Trial Class** in **any of our other programs, including: IAIDO** (Japanese Sword) or **KOBUDO** (Traditional Weapons Forms) or **COMPETITION/DEMO TEAM**.

**No experience needed. Come explore a martial arts that you may have heard about but never tried.**

**Iaido**—Tuesday, March 4 @ 6:00 PM; **Kobudo**—Wednesday, March 5 @ 7:10 pm & Thursday, March 6 @ 4:15 pm; **Competition/Demo Team**—Wednesday, March 5 @ 4:00 pm & Saturday, March 8 @ 11:45 am.

## Reminder: Our New Class Schedule Begins Saturday, March 1, 2025.

Only the Saturday Class times have been adjusted to start 30 minutes later. Please pick up a copy of the New Class Schedule, or visit our website ([www.goldencraneNH.com](http://www.goldencraneNH.com)), and click on the Schedule Page.

**COMING IN MARCH 2025**—Watch for a **KIDS NIGHT OUT** Event to be scheduled. Details coming soon!

**COMING IN APRIL 2025: SPRING 'EGG HUNT'** for Youth and Junior Students, their siblings & Friends!

## Upcoming Karate Tournaments:

- **Saturday, March 22nd:** Battle of Maine Karate Tournament (Waterville, ME)
- **Sunday, May 4th:** Alliance Karate Tournament (@ Londonderry High School, Londonderry, NH)
- **Sunday, May 18th:** Shidokan USA Tournament (@ Londonderry High School, Londonderry, NH)

**NOTE: AAU (American Athletic Union) Karate Tournaments:** The AAU Provides great competition opportunities for students interested in participating in Tournaments that may lead to competition at the Regional, and National Levels; as well as the chance to join the AAU-USA Karate National Team.

- **Sunday, March 9th:** AAU NJ District Karate Championships (Hopatcong, NJ)
- **Saturday, May 3rd:** AAU Adirondack District Karate Championships (Troy, NY)
- **Saturday, June 1st:** AAU Mid-Atlantic District Karate Championships (Bangor, PA)

**GOLDEN CRANE**  
Traditional Martial Arts

Offering Classes in:  
Karate - Kobudo - Iaido - Competition Team

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- New! Competitive Karate Program
- FREE Introductory Class

[goldencrane04@gmail.com](mailto:goldencrane04@gmail.com)



## REFERRALS! Help us to Spread The Word!

**Do you know someone who might benefit from Training?** Please help us promote The GOLDEN CRANE & Traditional Martial Arts! Invite them to join you for a FREE Trial Class. *\*Complete details of our referral program are available through the office.*

