

**5-Week Course:
Classes Start May 3rd, 2024!**

**Class available
Online too!***

(*Classes will be broadcast simultaneously via ZOOM)

**Traditional Martial Arts Education Series:
KEN-JUTSU 3.0: The Art of the Japanese Sword**
For All Ages & Abilities! No Previous Experience Required.
Open to Golden Crane Students, Family & Friends!

Description: KEN-JUTSU 3.0: A multi-level Sword Class

For Beginners. **NO** Martial Arts or Weapons Experience is needed, just a desire to learn the art of the sword.

Learn the fundamentals, including the correct grip & swing, body movement and basic strategies against opponents. Engage in controlled 'mock' battles with Foam Swords and LED Lightsabers.

For Intermediate & Advanced Students: **Hone your skills, with more emphasis placed on Strategies, Locks & Disarming Techniques, the use of the opponents force to amplify your techniques,** and more.

Students will also **engage in Partnered Ken-jutsu* matches** to develop timing, distancing, targeting and strategy (sparring helmet* & gloves will be required).



Join us for a Unique Experience!
(Pictured Left) Target cutting with an actual Sword;
(Above) LED Lightsaber Duels... and more!

BONUS: During the Final Class of the session, **Students will train together as we explore 'Test Cutting' actual targets with a 'live (sharp) Sword'** (*with careful supervision), target cutting fee additional); **Also, we will conduct Competitive Matches.**

Register Early! Class Sizes will be limited.

GoldenCrane04@gmail.com

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KEN-JUTSU 3.0: The Art of the Japanese Sword

(A 5-Week Sword Course for All Levels!)

Class Info & Pricing



Dates (Times):

The First 4 Weeks: Friday, May 3, 10, 17 & 24

Kids Class: Friday, 5:30-6:30 PM

Adult & Teen Class: Friday, 6:45-8:15 PM

The Final Week: Friday, May 31, will be a combined training session for all students (Adults, Teens & Kids), 6:00-7:30 PM

Register Early! Class Sizes will be limited!

Registration: Registrations will be accepted through May 3, 2024.

Who may attend? Open to Golden Crane Students, Family & Friends. No martial arts or sword experience needed.

Special Note: Students currently enrolled in the Iaido / Kobudo Programs may attend this sword course at no charge* (*Target cutting fees will still apply).

Age: For ages 5 years old & above.

Equipment:

- Bokken* (Wooden Sword) - Bokken may be ordered through the office. Please contact the office for pricing. Email: goldencrane04@gmail.com
- Sparring Helmet & Gloves - Recommended for students attending the intermediate & advanced level of this course.

Additional Details: Participants may attend in regular street clothes (something comfortable to move in), or karate uniforms. No shoes please.

COURSE FEE*

(*Does not include sword, or cost of targets for cutting)

Kids:

GC Families: 1 st Family Member	\$49	Add Additional Family Members	\$35 each
NON-GC Families: 1 st Family Member	\$59	Add Additional Family Members	\$45 each

Adult/Teens:

GC Families: 1 st Family Member	\$59	Add Additional Family Members	\$45 each
NON-GC Families: 1 st Family Member	\$69	Add Additional Family Members	\$55 each

For current Iaido / Kobudo Students n/c* (*Target cutting fees will still apply)

EQUIPMENT

Need to order a Bokken (Wooden Sword)? Please contact the office, or speak with an instructor – thank you.

Target Cutting Fee(s) (Optional):

During the Final Class of the session, students will have the option to use an actual Katana (Sharp Sword, with supervision) to experience cutting actual targets.

To participate in the Target Cutting, please add the following 'Target Fee'. Thank you!

KIDS, please **add \$7.50** to the course fee;

ADULTS & TEENS, please **add \$15** to the course fee.

**For Questions, or to Register for the Course,
please email: goldencrane04@gmail.com**