

With Classes Coming in January 2023

IAIDO PROGRAM (The Art of the Japanese Sword)

Classes
Are available in-person,
and online via Zoom.

laido is the formal art of 'Drawing the Sword'.

This Program will offer classes in the style of Muso Jikiden Eishin Ryu laido, as well as reinforcing the use of the Japanese Sword through Solo Forms, Partner Drills, 'Kendo Kata', and Tameshigiri (the art of cutting targets).

IAIDO PROGRAM – Starting Tuesday, January 3, 2023, from 6:00-7:15 pm.**

This class is open to Teen & Adult Ages (12 years and above),. No previous martial arts experience needed, and New Members need not be enrolled in karate to attend these classes.

(Please note: Classes in laido are not included in the monthly tuition for Karate. Please contact our office for Program Details & Pricing. Thank you!)

**Schedule Note: Starting Jan.3, 2023, the Adult Karate Class will be held from 7:15-8:15 pm

Have an interest in exploring the 'Art of laido'?

Join us for a Free Trial Class!

NO Previous Experience is Required. Potential Students need not be currently enrolled at the Golden Crane, to join this program. This class is open to anyone age 12 years, and older.

Classes Begin Tuesday, Jan.3, 6:00-7:15pm.

Contact us for more information, and to set up an introductory class.

Email: Goldencrane04@gmail.com



What is Iaido?

Iaidō is a Japanese martial art that emphasizes being aware and capable of quickly drawing the sword and responding to sudden attacks.

Iaido consists of four main components, as practiced in the Kata (Solo Forms): the smooth, controlled movements of drawing the sword, striking or cutting an opponent, cleaning the blade, and resheathing the sword in the scabbard.

In Iaido, the emphasis is on precise, controlled, fluid motions. This art is sometimes referred to as "moving Zen (meditation)."

New students begin their practice of Iaido with a wooden sword (bokken). With time, these students will begin to practice using a blunt-edged sword called an iaitō. Only at the top levels of experience will Iaido practitioners use a sharp-edged sword (shinken).

Goldencrane04@gmail.com
goldencraneNH.com/iaido

IAIDO PROGRAM PRICING
(The Art of the Japanese Sword)

Eff. 12/01/2022

Classes
Are available in-person,
and online via Zoom.

IAIDO PROGRAM – First Class will be Tuesday, January 3, 2023, from 6:00-7:15 pm**.

This class is open to Teen & Adult Ages (12 years and above), No previous martial arts experience needed, and New Members need not be enrolled in karate to attend these classes.

Weekly Class: Tuesday's from 6:00-7:15 pm

Monthly Tuition: Please submit tuition to the office monthly, prior to the date due. Please refer to your enrollment form for specific date. Thank you for your assistance.

GC Members \$ 79 monthly (also includes weapons classes)
Non-GC Members \$119 monthly (Iaido Only)

Annual Dues* (AEUSKF)-After 3 months of training, students are asked to register with the AEUSKF-All Eastern United States Kendo Federation. This is the parent organization for Iaido. The Federation provides seminars & testing boards for those interested in attending.

Adults (age 18+ yrs old, and older) \$80
Young Adults (age 17 yrs old, and younger) \$50

**Note: annual renewal, as of March 15th can renew for following year. Dues rates may change, please check dues rate. Individual Online registration available.*

Students will need a BOKKEN (or IAIDO) for Class.

Available individually:

Sword Only: Hardwood Bokken (Natural): \$39 (includes shipping)
Adult (40") Select Either: Standard, or Lightweight
Youth (33"): Standard Only

Scabbard Only: Plastic Saya* (includes cord) \$32 (includes shipping)
**NOTE: Scabbard Fits only 'Adult Lightweight' & Youth Bokken*

Or, Purchase a Practice Set (sword & scabbard)

A) Basic Series: Sword & Scabbard Practice Set: \$59 (+shipping)
Comes complete w/ Oak Bokken, tsuba, dome, saya & cord
Bokken: 40": Select Color: Black, or Dark Red
33": Color Dark Red Only
Tsuba: Select Color: Brown or Black

B) Master Series: Sword & Scabbard Practice Set: \$79 (+shipping)
Comes complete w/ Oak Bokken, tsuba, dome, saya & cord
Bokken: 40": Select Color: Natural Oak, or White Oak
Tsuba: Select Color: White, Brown or Black

BONUS-Optional: Engraving Available on either practice set: \$20
Please Inquire in the office for details on engraving.

Please inquire in the office for a complete price list on Iaido Uniforms, Hakama, Swords, Knee Pads and more! We look forward to assisting you. Thank you!
GoldenCrane04@gmail.com

SPECIAL NOTE:

We welcome new students to train with us wearing comfortable clothing, or karate uniforms. We can loan beginners a Bokken for a trial class, but we ask that new students purchase their Bokken (wooden sword) as soon as possible after starting.

After the initial 3 months of training, we ask students to purchase their Hakama, & Iaido Gi, as well as register with the AEUSKF.

Of course, new students are welcome to invest in their Iaido equipment earlier as well.

This program offers students the opportunity to acquire Rank in Iaido, through the AEUSKF & the Testing Boards. Additionally, seminars are offered throughout the year, that students may attend with their instructors.

Questions? Please let us know. Thank you so much!