

Calendar Highlights:

Join Us for a **FREE Trial Class** in any of our programs, including: IAIDO (Sword) or KOBUDO (Weapons) or **COMPETITION/DEMO TEAM**. Please see the calendar for class dates & times. Questions? Please email the office. Thank you.

Wed, March 11—Observation Classes! Parents, Family and Friends are welcome to join us to watch class. Seating will be available.












Sun, March 15—Kata Wanduan Seminar! Come learn this unique form, as taught by Sempai R.Harris. (Please see the Seminar Flyer for more info.)

Tues, March 17—Happy St. Patrick's Day! Wear Green Day! Students may wish to celebrate by wearing Green to Class (Karate Uniforms optional).

Coming May 17th! Comedy Night Fund-raiser! To benefit the GC Competition Team (Please see flyer for details)



Student Activity Calendar: March 2026

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 Sparring 	3 IAIDO—Free Trial Class today @ 6 PM!	4 Competition Team* Practice 4:00 pm Competition Class - Free Trial @ 4 PM! KOBUDO—Free Trial Class today @ 7:10 PM!	5 KOBUDO—Free Trial Class today @ 4:15 PM!	6	7 Competition Team* Practice 11:45 am Competition Class - Free Trial Class @ 11:45 am
	Regular Class Schedule	Regular Class Schedule	Regular Class Schedule	Regular Class Schedule	Regular Class Schedule	Regular Class Schedule
8 Daylight Savings Time Begins! (Set Clocks Forward)	9 Sparring 	10 Sparring 	11 Competition Team* Practice 4:00 pm Observation Class Kids @ 5 pm Adult & Teen @ 6 pm	12 Sparring 	13	14 Competition Team* Practice 11:45 am Sparring  Central MA Open Karate Tournament (Gardner, MA)
Regular Class Schedule	Regular Class Schedule	Regular Class Schedule	Regular Class Schedule	Regular Class Schedule	Regular Class Schedule	Regular Class Schedule
15 Kata Wanduan Seminar (@ Noon) Contact the Office to Register	16	17 Happy St. Patrick's Day! Wear Green Day! At the 5 pm & 6 pm Classes.	18 Competition Team* Practice 4:00 pm Rank Testing (Details Pending)	19 Sparring 	20 First Day of Spring!  Schedule: 6 pm—Karate (Adult & Teen) 7 pm—NO IAIDO Class	21 Competition Team* Practice 11:45 am Battle of Maine Karate Tournament (Waterville, ME) IAIDO Shinsa (NJ)
Regular Class Schedule	Regular Class Schedule	Regular Class Schedule	Regular Class Schedule	Regular Class Schedule	Regular Class Schedule	Regular Class Schedule
22 AAU—America's Cup Karate Tournament (Bayside, NY) IAIDO Shinsa (NJ)	23	24 Sparring 	25 Competition Team* Practice 4:00 pm Sparring 	26	27	28 Competition Team* Practice 11:45 am Sparring 
Regular Class Schedule	Regular Class Schedule	Regular Class Schedule	Regular Class Schedule	Regular Class Schedule	Regular Class Schedule	Regular Class Schedule
29	30	31	Apr.1 Competition Team* Practice 4:00 pm 'Egg Hunt' @ 5:00 pm For Youth & Jr Students Friends Welcome! 	Apr.2	Apr.3	Apr.4 Competition Team* Practice 11:45 am AAU / WUKF—North American Open Karate Tournament (Las Vegas, NV) Apr.3-5, 2026
Regular Class Schedule	Regular Class Schedule	Regular Class Schedule	Regular Class Schedule	Regular Class Schedule	Regular Class Schedule	Regular Class Schedule

For additional details on activities, please refer to the reverse side of the monthly calendar; or visit our website, www.goldencraneNH.com and click on the 'Events' Page. goldencrane04@gmail.com (603) 437-2020



Student Activity Calendar: March 2026



DISCOVER the Many Faces of Traditional Martial Arts!

Come Join Us for a **FREE Trial Class** in **any of our Programs, including: IAIDO** (Japanese Sword) or **KOBUDO** (Traditional Weapons Forms) or **COMPETITION TEAM Training**.

No experience needed. Come explore a martial arts that you may have heard about but never tried.

- **Iaido**—Tuesday, March 3 @ 6:00 PM, and Friday, March 6 @ 7:00 PM;
- **Kobudo**—Wednesday, March 4 @ 7:10 pm & Thursday, March 5 @ 4:15 pm;
- **Competition/Demo Team**—Wednesday, March 4 @ 4:00 pm & Saturday, March 7 @ 11:45 am.

COMING SOON: April 1st-SPRING 'EGG HUNT' for Youth and Junior Students, their siblings & Friends! This year we plan on **SUPERSIZING** our 'Egg Hunt'! **AND**, Parents & Guests are welcome to join us!



Spring 'Egg Hunt' for Youth and Junior Students, their siblings & Friends!

Wednesday, 4/1 @ 5:00 pm. At the end of the Youth & Junior Classes, time will be reserved for our Annual Easter Egg Hunt! It's always fun to watch the children scour the dojo, and the many hiding places that eggs can be tucked in to, and hidden!

Students are encouraged to bring a bag with them to class, to carry the treasures they find!!!

Kata Seminar (Sunday, Mar.15 @ Noon): Kata Wanduan

(see flyer for more info). Kata Wanduan is a unique form, demonstrating strong techniques, with in-close defense applications. This form is being brought to the students of the Golden Crane, with Sempai Roman Harris instructing.

Sign up in the Dojo Office (In-person, or by email). Thank you! Pre-registration required by Sat, March 14th. Please note: A portion of the proceeds will benefit the GC Competition Team!

Questions? Please speak with an Instructor, or email the office. Thank you!

AAU Karate* provides an opportunity for Martial Arts Students of all ages to compete in High Quality Local, Regional, National and International Events, including Tournaments & Educational Seminars.

GC Competition Team Training—Consider Joining Us For a FREE Trial Class!

Upcoming Karate Tournaments:

- Sat, March 14: Central Mass Open (Gardner, MA)
- Sat, March 21st: Battle of Maine Karate Tournament (Waterville, ME)
- Sun, March 22nd: AAU—America's Cup Karate Championships (Bayside, NY)
- Sun, Apr.26th: AAU New England Karate Championships (Hudson, MA)
- Sun, May 2nd: Alliance Karate Tournament (Londonderry, NH)
- Sun, May 17th: Shidokan USA Tournament (Londonderry, NH)



STAND-UP COMEDY FUNDRAISER
MAY 17, 2026
HOSTED BY GIANNI SALTALAMACCHIA
WITH HEADLINERS
MIKE KOUTROBIS
CAROLYN PLUMMER
STEVE BJORK
THE VANDERBILT ROOM
48 LOWELL ROAD, HUDSON, NH
DOORS OPEN AT 6 PM
SHOW STARTS AT 7 PM
TICKETS ON SALE NOW
\$25 PER PERSON
MIKEDUPCOMEDY.COM/UPCOMINGSHOWS
QUESTIONS? PLEASE REACH OUT TO MIKE@MIKEDUPCOMEDY.COM

BOGO: BUY ONE, GIVE ONE, FREE!
Come in out of the cold, and **JOIN US**,
for **6 Weeks of Classes**
in **Traditional Martial Arts!**
BOGO Offer* Includes 6 Weeks of Classes for Each of You!
Email us for more information, and how to get started... or, visit our website!

REFERRALS! Help us to Spread The Word!



Do you know someone who might benefit from Training? Please help us promote The GOLDEN CRANE & Traditional Martial Arts! Invite them to join you for a FREE Trial Class.

**Complete details of our referral program are available through the office.*



For additional details on activities, visit our website: www.goldencraneNH.com and click on the 'Events' Page.

Email: goldencrane04@gmail.com (603) 437-2020