

42nd Annual

# SHIDOKAN USA

## TRADITIONAL INVITATIONAL KARATE TOURNAMENT



### 6 BLACK BELT GRAND CHAMPIONSHIPS

- Jr Black Belt Weapons
- Jr Black Belt Kata
- Womens Black Belt Fighting
- Mens Black Belt Fighting
- Adult Black Belt Weapons
- Adult Black Belt Kata

Directed By:

**HANSHI RICHIE BERNARD**

**Date:** Sunday, May 19, 2024

**Place:** Londonderry High School Gym  
Route 128, Mammoth Road  
Londonderry, New Hampshire

**Time:** Doors Open 7:30 am – Black Belt Meeting 8:45 am  
Competition to start promptly after 9:00 am opening ceremonies

**Email:** Hanshi@ShidokanUSA.com

**Admission:** \$10.00 Ages 13-59; \$8.00 Ages 6-12; \$6.00 Seniors 60+  
Children 5 and under – FREE  
Please pay admission fee at the gate

**Awards:** Customized ShidokanUSA Medals – 4 places  
All competitors in every division will receive customized courage medals

**Note:** **Pre-Registration deadline is May 12, 2024.**  
**Registration applications postmarked after the deadline will not be accepted.**

**Send your completed entry forms with your entry fee to:**

Hanshi Richie Bernard  
P.O. Box 1381  
Londonderry, NH 03053

**Make checks payable to: ShidokanUSA**

\*\*\* THIS IS A PRE-REGISTRATION ONLY TOURNAMENT. Please note deadline above. \*\*\*

# SHIDOKAN USA

## TRADITIONAL INVITATIONAL KARATE TOURNAMENT

### SUMMARY OF RULES

1. Each competitor, referee, and judge must wear a complete, clean gi.
2. Safety equipment for hands and feet, headgear, mouthpieces, and groin protectors (for men) are mandatory in ALL KUMITE DIVISIONS. NO EXCEPTIONS! Shin guards and chest protectors are strongly recommended
3. Shoes, sneakers, slippers, etc. may not be worn by any competitor in the kumite divisions.
4. Competitors cannot wear any protective equipment made of metal, plastic, wood, or any other hard materials.
5. Fingernails and toenails must be clipped short or taped.
6. Kumite competitors must not wear any jewelry.
7. A competitor may not talk at any time during a match, unless a time out has been called. Only then will they raise their hand and ask their question.
8. If a competitor fails to appear in their ring on time, that competitor will be disqualified and all fees forfeited.
9. All byes are awarded in the first round.
10. Legal targets include the chest, stomach, face, head, sides of neck, kidneys, and back. The groin, eyes, throat, and spine are not target areas.
11. Sweeps are not allowed.
12. Any contact to the competitor's head, face, throat, neck, spine, or groin, regardless of how slight, constitutes either a warning, foul, or disqualification – referees' discretion.
  - a. **Exception:** Light, controlled contact is allowed to the helmet/face shield in all Black Belt divisions.
  - b. **No Face Shield** means **No Face Contact**
13. Excessive or malicious contact, any display of poor sportsmanship or disrespect, failure to wear proper uniform, or safety equipment, falsifying your age, rank, or any other registration information, any throws, takedowns, or dangerous sweeps are grounds for immediate disqualification.
14. Harassment from the sideline by classmates or instructors will not be tolerated. The offending individuals will be asked to leave the tournament.
15. Kumite matches will be 3 points. Black belt matches will be 5 points.
16. There is no coaching allowed for kumite matches.
17. Winners will receive their awards as their respective divisions finish.
18. **The tournament director reserves the right to eject any individual that he considers to be detrimental to the image of martial arts.**

### DIRECTIONS

#### From the North

- Take Rt 93 and get off at exit 4 (Rt. 102 Derry/Londonderry). Take a right off the exit ramp. Go 2 miles to the intersection of Rt. 102 & Rt. 128 (Mammoth Rd.) Take a right at the light & head north on Rt. 128. Go 1.6 miles. Take a left at the lights. The gym is at the end of the access road on the left.

#### From the SOUTH

- Take Rt. 93 and get off at exit 4 (Rt. 102 Derry/Londonderry). Take a left off the exit ramp. Go 2 miles to the intersection of Rt. 102 & Rt. 128 (Mammoth Rd.) Take a right at the light & head north on Rt. 128. Go 1.6 miles. Take a left at the lights. The gym is at the end of the access road on the left.

#### From the EAST or WEST

- Take Rt. 102 to Rt. 128. Head North on Rt. 128. Go 1.6 miles. Take a left at the lights. The gym is at the end of the access road on the left.





# SHIDOKAN USA

## TRADITIONAL INVITATIONAL KARATE TOURNAMENT

Name \_\_\_\_\_

Phone \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

Age as of 5/19/24 \_\_\_\_\_

Your Current Rank \_\_\_\_\_

Name of Dojo (School) \_\_\_\_\_

Instructors Name \_\_\_\_\_

**Rank Classifications:**

Novice 7th Kyu & Under  
Intermediate 4th - 6th Kyu  
Advanced 1st - 3rd Kyu  
Black Belt Division

**Make checks payable to:**

ShidokanUSA  
P.O. Box 1381  
Londonderry, NH 03053

**Pre-Registration**

**Deadline**

May 12, 2024

**Entry Fee**

\$75 (Fee allows competitors to enter any or all divisions.)

Doors Open 7:30 am

Black Belt Meeting 8:45 am

Competition Begins 9:00 am

**Boys:**  Forms  Fighting

- Boys 6 & Under
- Boys 7 & 8 Nov
- Boys 7 & 8 Int
- Boys 7 & 8 Adv
- Boys 9 & 10 Nov
- Boys 9 & 10 Int
- Boys 9 & 10 Adv
- Boys 11 & 12 Nov
- Boys 11 & 12 Int
- Boys 11 & 12 Adv
- Boys 13 & 14 Nov
- Boys 13 & 14 Int
- Boys 13 & 14 Adv
- Boys 15-17 Nov
- Boys 15-17 Int
- Boys 15-17 Adv

**Girls:**  Forms  Fighting

- Girls 6 & Under
- Girls 7 & 8 Nov
- Girls 7 & 8 Int
- Girls 7 & 8 Adv
- Girls 9 & 10 Nov
- Girls 9 & 10 Int
- Girls 9 & 10 Adv
- Girls 11 & 12 Nov
- Girls 11 & 12 Int
- Girls 11 & 12 Adv
- Girls 13 & 14 Nov
- Girls 13 & 14 Int
- Girls 13 & 14 Adv
- Girls 15-17 Nov
- Girls 15-17 Int
- Girls 15-17 Adv

**Adults:**  Forms  Fighting

- Men 18-34 Nov
- Men 18-34 Int
- Men 18-34 Adv
- Men 35+ Nov
- Men 35+ Int/Adv
- Women 18-34 Nov
- Women 18-34 Int
- Women 18-34 Adv
- Women 35+ Nov
- Women 35+ Int/Adv

**Weapons**

(All ranks under Black Belt)

- 8 & Under Co-ed
- 9-11 Co-ed
- 12-14 Co-ed
- 15-17 Co-ed
- Women 18+
- Men 18+

**Black Belt Weapons**

- 12 & Under Co-ed
- 13-17 Co-ed
- Men 18-29
- Men 30-44
- Men 45+
- Women 18-29
- Women 30-44
- Women 45+

**Black Belt Forms**

- 12 & Under Girls
- 12 & Under Boys
- 13-14 Girls
- 13-14 Boys
- 15-17 Girls
- 15-17 Boys
- 18-29 Women
- 18-29 Men
- 30-39 Women
- 30-39 Men
- 40-49 Women
- 40-49 Men
- 50+ Women
- 50+ Men

**Black Belt Fighting**

- 12 & Under Girls
- 12 & Under Boys
- 13-14 Girls
- 13-14 Boys
- 15-17 Girls
- 15-17 Boys
- 18-29 Women
- 18-29 Men
- 30-39 Women
- 30-39 Men
- 40-49 Women
- 40-49 Men
- 50+ Women
- 50+ Men

**Special Needs**

- Forms
- Weapons
- Fighting

I, the undersigned, hereby release Richard Bernard, the Town of Londonderry, NH, ShidokanUSA, and all persons associated with this event in any capacity, from any liability due to injuries, etc. that I may incur as a result of my attendance and/or participation in the above specified event. Furthermore, I hereby waive any compensation whatsoever, for the use of pictures, movies, media coverage, etc. utilized by those associated with this event at any time.

IF LESS THAN 18 YEARS OF AGE, THIS RELEASE AND CONSENT FORM MUST ALSO BE SIGNED BY A PARENT, LEGAL GUARDIAN, OR PERSON ASSUMING LEGAL RESPONSIBILITY.

COMPETITOR'S SIGNATURE & DATE \_\_\_\_\_

PARENT OR LEGAL GUARDIAN \_\_\_\_\_