

Fundraiser to Benefit the NH Food Bank:
Help Us to Help Others!
Donations accepted: 12/1-12/15/25

A part of martial arts training, and Black Belt Spirit, is Learning to have Compassion & Generosity to help our Community.

In this Spirit, Golden Crane Students, Parents & Friends have helped raise money each year, to benefit those in need.

This year again we have chosen to raise funds to benefit the NH Food Bank. Help Us to Help Others! Please consider donating!

Please bring your Donations to the office. Thank you!

Payment forms accepted include: Cash or Check (make checks payable to: NH Food Bank). We also accept Venmo/ Paypal donations.

Thank you, Hanshi & Sensei

Wishing you,
and your family,
a Peace Filled
and Happy Holiday Season!

And, a Healthy & Happy New/Year!



Sun	Mon	Tue	Wed	Thu	Fri	Sat
NEW, Mauring Class	1	2	3 Competition Class* 4:00 pm	4	5	6 Competition Class* 11:45 am
NEW: Morning Class for Adult & Teens! Every Wed @ 11 AM	Final Day to Order GC Apparel Items				NEW: December Classes 6:00 PM Adult & Teen Karate Class	
		Sparring	Sparring		7:00 PM Iaido Class	Sparring
	Regular Class Schedule	Regular Class Schedule	Regular Class Schedule	Regular Class Schedule	Regular Class Schedule	Regular Class Schedule
7 Focus on Self-Defense, Kata & Kata Applications	8	9	Competition Class Cancelled	11	12	13 Competition Class* 11:45 am
	Sparring		Dojo Holiday Parties Watch for Details!	Consults	NEW: December Classes 6:00 PM Adult & Teen Karate Class 7:00 PM Iaido Class	
	Regular Class Schedule	Regular Class Schedule	No Classes—Holiday Party	Sparring Regular Class Schedule	Regular Class Schedule	Regular Class Schedule
14	15	16	17 Competition Class	18	19	20 Competition Class* 11:45 am
Focus on Self-Defense, & Kumite	FINAL DAY! Fundraiser to Benefit the NH Food Bank		4:00 pm		NEW: December Classes 6:00 PM Adult & Teen Karate Class	11.45 am
		Sparring			7:00 PM Iaido Class	Sparring
	Regular Class Schedule	Regular Class Schedule	Regular Class Schedule	Regular Class Schedule	Regular Class Schedule	Regular Class Schedule
21	22 Make-up Session: Competition Team* Practice 4:00 pm *Interested? email us for info	23	Christmas Eve	Christmas Day	26	Open For Class! ◆ 9:45 Youth & Junior ◆ 10:45 Adult & Teen
						♦ 11:45 Competition Class
20	Regular Class Schedule	Regular Class Schedule	Closed—No Classes	Closed—No Classes	Closed—No Classes	Holiday Special—Open!
28	Winter Holiday Bre	30 ak	New Years Eve	Happy New Year	Golden Crane reopens for classes Jan.2, 2025, with our regular class schedule	Jan.3 Competition Class* 11:45 am
Closed—No Classes	Classed No Classes	Closed No Closes	Closed No Closes	Closed No Closes	Regular Class Schedule	Sparring Regular Class Schedule
CIUSEU-NU CIASSES	Closed—No Classes	Closed—No Classes	Closed—No Classes	Closed—No Classes	Regular Class Scriedule	Negulai Class Scriedule

For additional details on activities, please visit our website: www.qoldencraneNH.com and click on the 'Events' Page.

GoldenCrane04@gmail.com (603) 437-2020

Student Activity Calendar: December 2025

FUNDRAISER to Benefit the NH Food Bank: Donations accepted Dec.1st through Dec.15, 2025:

A part of Martial Arts Training, and Black Belt Spirit, is Learning to have Compassion & Generosity to help our Community. In this Spirit, Golden Crane Students, Parents & Friends have helped raise money each year, to benefit those in need.

This year again we have chosen to raise funds to benefit the NH Food Bank.

Thank you for your Support! Help Us to Help Others! Please consider Donating!

Please bring your Donations to our dojo office.

Payment forms accepted include: Cash or Check (make checks payable to: NH Food Bank). We also accept Venmo/Paypal donations.



Wednesday, 12/10/25: DOJO PARTY for the HOLIDAYS!: We look forward to enjoying an evening of food & socialization with you, and your family! Come join us for a night of dojo camaraderie!

• <u>4:30-6:00 PM—Our Kid's Party</u> is open to Youth & Junior Students; as well as Siblings & Friends (recommended ages 4-12 yrs old); Parents are welcome to remain for the Party too!

There will be Games, Challenges, Socialization and a chance to have lots of Fun! Oh, and Food, of course! If you wish to bring a snack**, or beverage, please let us know. Attire: Comfortable Clothing (No Karate Uniforms).

Please RSVP (prior to Noon, on Sat, 12/06/25) by emailing the Dojo Office—Thank you!

• 6:30 PM—Adult & Teens Party: We invite all Adult & Teen Students, AND their Families (children are welcome) to join us!

Karate Demonstrations & Promotions, starting @ 6:30 pm. Then join us for a relaxing evening of Food, Socialization, and Music. Games & Activities will also be available. Finish time approx. 8:30 pm. Attire: Comfortable Clothing

This is a 'Pot Luck' event, and we welcome food contributions. (please note: some of our friends do have food allergies. If your dish contains nuts, please let us know so we can label it. Thank you!)

Please RSVP (prior to Noon, on Sat, 12/06/25) by emailing the Dojo Office—Thank you!

Saturday, 12/27/25: <u>JOIN US</u>—FINAL TRAINING CLASS for 2025: Let's finish the year strong with an end of the year workout! (and, training will help us shed those pounds we gained over the Holiday!) Regular Class Schedule!

WINTER HOLIDAY BREAK: The Golden Crane will be closed from Dec.24-26, Open Dec.27 for our 'End of the Year' Workout, Closed Dec.29, 2025-Jan.1, 2026, and reopen for classes on Friday, Jan.2, 2026.

HOWARY GIFT SHOPPING? There's still time to place orders!

GC Apparel orders accepted through 9 pm, Mon. Dec.1, 2025;

GC Uniforms & Martial Arts Catalog Items—Please refer to the Flyer for details, and sale dates.

GIFT MEMBERSHIPS are Also Available! We can customize your Gift Card for any of our Holiday Training Spess, New Student Packages, or Private Tutoring Sessions. Contact the Office for Details!





